Lesson Plans are designed to accompany the related Helps documents for each Step. Please refer to the resources in the appropriate Helps document found in the Leader Pages while you prepare your lesson.

The six “F”s are presented in a suggested order, but you are not required to complete them in that order. You may rearrange them as fits your troop’s particular needs.

**Necessary Resources**

- Fishing Pole
- Tackle Box
- Sticks
- String
- Bucket
- Weights (for Fingers activity)

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- Fishing Pole
- Bucket
- Weights

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- Fishing Pole
- Hook
- Bait
Sharks and Minnows
Have everyone (the minnows) stand on one side of the room except for one boy (the shark). When someone says “Go!” all the boys try to get to the other side of the room without being tagged by the shark. If they are tagged, they are now a shark too. Play continues until everyone is a shark.
FOCUS

Fishing Equipment
Fishing is a great way to spend time in the outdoors. There are many different types of fishing. Trail Guide, bring a fishing pole and tackle box so the boys can look at the equipment needed for fishing. If you want, let them try to cast the pole outside with a weight (no hook) on the end.

Fishing Overview
Learn about how fishing works and what happens after you cast a line into the water. Discuss catch and release and when it is used.

Discuss safe practices while fishing and proper fishing etiquette and regulations. These are listed in the Helps document.

Fishing Areas
What are some different methods of fishing? Learn how their equipment differs. What are some different areas of fishing? Learn which methods of fishing work best in which areas.

How do you identify a good fishing spot? That depends upon the type of fishing you want to do. This website has a lot of information about choosing a spot: http://www.teenink.com/nonfiction/sports/article/15526/Fishing-How-To-Pick-A-Good-Spot-What-Bait-To-Use-And-How-To-Use-It/.
Land Fish
Play a fishing game. Have the boys take turns using a stick with a string on the end. On the end of the string, tie something to weigh it down. Set a bucket out and have the boys try to land the weight in the bucket by casting like you would when fishing.

Casting
Learn how to cast with a real fishing pole. Use only a weight, not a hook, on the end of the line and have the boys take turns casting and trying to make it into a bucket. You could also have a competition to see who can cast the farthest.

Bait a Hook
Baiting is probably the most important part of fishing because, without bait, no fish would bite the hook! Learn about different types of bait. What is the most common? With an adult helping you, carefully bait a hook with a worm.
**FAITH (TRAIL GUIDE THOUGHTS)**

Disciples
Some people fish as a job. When Jesus was alive, he called fishermen to be some of his closest friends. Read the story in Matthew 4:18-22.

Pray with the Trailmen.

Fishers of Men
Read and discuss Matthew 4:19. What does it mean to be a fisher of men?

Pray with the Trailmen.
Fishing Equipment
Does your family like to go fishing? See if you have any fishing equipment in your house.

Gone Fishin’
Does your family like to fish? Go fishing with your family some time. Make sure you show them how you can bait a hook and cast the line!
FOREST BADGE

By actively participating in this meeting, each Trailman earned the Fishing Step on the Outdoor Skills Branch.

*Note: It is up to the Trail Guide to determine whether or not a Trailman was an active in the meeting. Even if he attended the meeting, you are not required to award him the Step if he did not participate.