Lesson Plans are designed to accompany the related Helps documents for each Step. Please refer to the resources in the appropriate Helps document found in the Leader Pages while you prepare your lesson.

The six “F”s are presented in a suggested order, but you are not required to complete them in that order. You may rearrange them as fits your troop’s particular needs.

**Necessary Resources**

- Two orange squishy sponge balls
- Two buckets of water
- Blindfold
- Pile of Sticks or Popsicle Sticks

---

- Two orange squishy sponge balls
- Two buckets of water
- Blindfold
- Pile of Sticks or Popsicle Sticks

---

- Sticks (for building fires)
- Blindfold
- Pile of Sticks or Popsicle Sticks
**Fire Tender**
Split everyone into two equal teams and select one member to be the Fire Tender. He will sit or stand blindfolded with lots of sticks around him. The rest of the Trailmen, one or two from each team, will attempt to creep up and take a stick from the pile and return to their team. If the blindfolded Fire Tender hears a noise, he points in that direction. If the Tender correctly identifies a boy, then that boy must replace his stick in the pile and return to his team. The winning team will be the one with the most sticks at the end of the allotted time or when all of the sticks are taken.
Safety Rules
Fires can be a great addition to any time outdoors, but they can be extremely dangerous and damaging if they are not taken care of, or if they are somewhere they are not supposed to be. Learn about some safety precautions you can take to avoid dangerous fire situations. Some are listed in the Helps document.

Safety Systems
Learn about some ways that we avoid dangerous fires. Talk about smoke alarms, fire warning lights, pull switches, and sprinkler systems. Look around. Can you find any of these systems in your meeting place? Count how many of each type you find. Every room should have at least one smoke alarm.

Outdoor Fires
Review the safety precautions for fires. Also, learn first aid for a minor burn. This is outlined in the Helps document.

Learn about safe fires in the outdoors. Fires are a great way to stay warm in the cold and it is fun to fellowship around a fire. Learn some ways to keep the fire safe, such as never leaving it unattended and always having water nearby. What are some different methods to lighting a fire? Check the procedure for earning the Fireguard Card and explain any necessary information.
FINGERS

Fire Drill
Have a fire drill at your meeting place. Do it at some time during the meeting when the boys are not expecting it, but make sure it is after you tell them how to react during the fire drill.

Build Fires
Go outside and build a fire (you do not have to light it). Learn the different ways to build a fire, like the log cabin, teepee, and lean-to. When are they all used?

What is a fire-starter? What are some materials that you can find in the outdoors to start a fire? What are some materials you can bring from home to start a fire? Learn where you put the fire-starter in each of the fire structures.

Or

Fireguard Card
Complete the requirements for earning the Fireguard Card and test each Trailman for competency. Requirements for this award can be found in the online resources.

Unlike most requirements in the Woodlands Trail, for safety reasons, participation alone is not enough to earn the Fireguard card. This is a competency award that comes with the privilege of being allowed to participate in fire building. Participating in the lesson without Fireguard completes the Step, completing the lesson with Fireguard completes the Step and Card (if competency is demonstrated).
FAITH (TRAIL GUIDE THOUGHTS)

God’s Power
Read Exodus 3:2. Fire is a pretty powerful thing. It can destroy complete buildings at a time and is incredibly hot. As powerful as fire it, though, God is so much more powerful. In fact, He is all powerful. The term to say that God is all powerful is omnipotent.

Pray with the Trailmen.

Family and Responsibility
Read and discuss Joshua 7:15. We have all sinned and God has to punish our sin. We don’t have to take the punishment though, because Jesus came to earth and took the punishment for us. He died for our sin.

Pray with the Trailmen, thanking God for what he has done for us.
FAMILY

Safety at Home
With your family, go walking around your home and find all the smoke alarms you have. With an adult, test one to make sure it still works. Cover your ears; they are loud! Also, learn where your family keeps the fire extinguisher. Know where to find it in case of emergencies.

Build a Fire
Show your family what you learned about building fires. If you have access to a fire pit, try building and lighting a fire with your family’s help. If not, practice building them some more so you will be ready on your next campout!
FOREST BADGE

By actively participating in this meeting, each Trailman earned the Fire Safety Step in the Outdoor Skills Branch.

*Note: It is up to the Trail Guide to determine whether or not a Trailman was an active in the meeting. Even if he attended the meeting, you are not required to award him the Step if he did not participate.