Lesson Plans are designed to accompany the related Helps documents for each Step. Please refer to the resources in the appropriate Helps document found in the Leader Pages while you prepare your lesson.

The six “F”s are presented in a suggested order, but you are not required to complete them in that order. You may rearrange them as fits your troop’s particular needs.

**Necessary Resources**

- Storybook of someone who showed dedication
- Marshmallows
- Cups

- Object to be dedicated to (see Fingers activity)
- Marshmallows
- Cups

- Grid in Fun Activity
- Chalk/White Board
- Marshmallows
- Cups
**FUN**

______________________________________________________________________________

**Toss Across**
Partner up the boys and have each stand facing each other across a table. Give them a cup and a handful of marshmallows, or pom-poms (something easy to clean up and soft enough to prevent boys from being hurt). On “go,” give the boys one minute to throw and catch as many objects as they can. Switch and do it again.
FOCUS

What is Dedication?
Learn a definition of Dedication. Dedication is the concept of being committed to something (a course of action) and not quitting. How do you show dedication in your life? Is there something you do, like a sport or hobby, which you don’t quit? That is dedication. Have the boys discuss these sports or hobbies of theirs. Ask them to tell about a time when they may have wanted to quit but didn’t.

Importance of Dedication
Memorize the definition of dedication so that you can always remember what it is. Get creative with the way in which you help the boys to memorize this definition. Dedication is so important because, without dedication, nothing would get done. Talk more about the importance of dedication.

Dedication Story
Review the definition of dedication.
Learn a story about someone who was fully committed to something. Examples include Olympic athletes, missionaries, and the disciples in the Bible. There are other examples in the Helps document.
Dedication Story
Read a story about someone who showed dedication in their life. If possible, find a picture book about them so the boys can see while you read. Some examples of people are in the Helps document.

Dedicate
Go around the room and discuss ways that you can be more dedicated. How can you practice dedication? Give every boy an object they pretend they are dedicated to during the meeting. Offer them prizes if they give up their object. See how many boys stay dedicated to their object.

Dedication Commitment
Give each boy a piece of paper. Tell them to write down a promise to be more dedicated in their lives. An example statement is:

I _____ (name), promise to be dedicated to things I do in my life. I will try my hardest and not give up. I will stick with things even when the going gets rough. When I feel like backing down, I will remember this commitment.

Have all the boys sign their commitment and take it home.

*Optional – You could have the boys sign two identical documents of dedication: one that they take home and one that can be displayed throughout the program year in your meeting space.
**FAITH (TRAIL GUIDE THOUGHTS)**

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**Dedication**
Read Romans 12:1-2. What does this verse mean? How does it relate to dedication?

Pray with the Trailmen.

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**Dedication to God**
Read Colossians 3:17. Connect this verse to being dedicated to God. When you do everything for God, you become more dedicated to him.

Pray with the Trailmen.

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**Dedication to God**
How can you show your dedication to God and the Bible? First, you need to be dedicated to them. Read I Corinthians 10:31. Connect this verse to dedication.

Pray with the Trailmen.
FAMILY

Project
Do something with your parents that requires dedication, like a project on your house. Talk about how you need to stay with it even when you don’t want to or it gets hard. When you finish, think back on your project and see how good it feels to have done something without giving up.
FOREST BADGE

By actively participating in this meeting, each Trailman earned the Dedication Step on the Values Branch.

*Note: It is up to the Trail Guide to determine whether or not a Trailman was an active in the meeting. Even if he attended the meeting, you are not required to award him the Step if he did not participate.

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